

PREPARATION INSTRUCTIONS FOR DIAGNOSTIC EXAMS

Please arrive 10 minutes before exam time and bring a picture ID and Insurance Card.

- ___ **DEXA** - Adult or Pediatric - No calcium supplements, foods and drink with calcium is allowed.
* Pediatric DEXA requires Bone Age and Pubertal stage.

- ___ **Mammography** -
* Please be sure to bring your previous films with you to your appointment if previous exam was not done at OLOL or Lake Imaging Center or please send signed release of information form before exam date.
* No Deodorant or Lotions on the day of your exam.

MRI/MRA

- ___ **IV Contrast**
* Patients 65 or older or with impaired renal function or Insulin Dependant Diabetic must have Bun/Creatinine results in our office that are less than 30 days old prior to Exam Date _____
* Lake Imaging Center is available to provide these services by indicating on the original order or providing a new order.

MRCP's

- ___ **DO NOT EAT or DRINK:** Eight (8) hours before Exam Time beginning _____

Ultrasound

- ___ **Ultrasound Abdomen Complete or Abdomen Gallbladder-RUQ**
* **DO NOT EAT or DRINK:** Eight (8) hours before Exam Time beginning _____
* Full bladder is not needed.
- ___ **Ultrasound Pelvis - May Eat:** May empty bladder up to one (1) hour before Exam Time and not again until exam is complete.
* Drink 24oz to 32 oz of water or juice (no soft drinks) one (1) hour before Exam Time beginning _____
* Bladder must be filled prior to exam to be successful. You may empty bladder only after exam is complete.
- ___ **Ultrasound Kidneys or Renal**
* You may eat or drink there are no preparations or dietary restrictions or requirements for this exam.
- ___ **Ultrasound Breast** - No dietary preps are needed.
* This procedure is done only after mammography or after your Physician and Radiologist consultation.

CT SCAN

- ___ **Non- Oral Contrast Exams/Non - IV Contrast:** Brain, Head, Spine Lumbar or Spine Cervical or Abdomen/ Pelvis w/Stone protocol.
* No preparations are Needed
- ___ **IV Contrast : Brain/Head with Contrast, Soft tissue Neck, Chest Thorax.**
* Clear liquids only four (4) hours before Exam Time beginning _____
* Patients 65 or older or with impaired renal function or Insulin Dependant Diabetic must have Bun/Creatinine results in our office that are less than 30 days old prior to Exam Date _____
* Lake Imaging Center is available to provide these services by indicating on the original order or providing a new order.
- ___ **Abdomen or Pelvis with oral contrast**
* Restrict your diet to **clear liquids only** four (4) before Exam Time beginning _____
* Oral Contrast must be received 24 to 48 hours before exam time: You may receive oral contrast from ordering physician provided by Lake Imaging Center or you may come by Lake Imaging Center to receive your oral contrast.
* Drink one (1) bottle of oral contrast two (2) hours before your Exam Time at _____
* Drink the second bottle of contrast one (1) hour before your Exam Time at _____
* Additionally, this exam may require a IV Injection of contrast. If you are on diabetic medications or are allergic to iodine, please inform technologist before your exam.

NUCLEAR MEDICINE

These scans can be complex therefore patient should receive specific instructions for each scan. Our facility will provide instructions for the ordering physician and attempt to contact the patient with detailed instructions. All Testing requires a specific dose of medicine that must be ordered prior to testing. Be advised that this medicine can not be stored and has no shelf life therefore it is imperative that patients do not cancel.

Lake Imaging Center

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Scheduling 225-765-6500



If you need to cancel
your appointment for
any reason, please call
Scheduling 765-6500